

F.I.G.H.T.girl

WORKSHOP FOR MIDDLE SCHOOL GIRLS AND PARENTS

TOGETHER WITH PARENTS, WE AIM TO ENHANCE MEANINGFUL CONNECTIONS AND PROVIDE SITUATIONAL AWARENESS SKILLS TO CULTIVATE A HEALTHY FUTURE

- Dangers of social media
- Substance use and abuse
- Self-defense
- Situational awareness
- Human trafficking
- Domestic violence
- Conflict resolution
- Positive image
- Healthy relationships
- Skin care.Hygiene.Beauty

SPECIAL GUEST SPEAKERS
MARTIAL ARTS EXPERTS
PROFESSIONAL BEAUTY CONSULTANT

SATURDAY, MARCH 25 from 9:00AM-1:00PM

Community Center (300 N. Groesbeck)



Cost-free educational opportunity provided by THE LIFE AND LIBERTY INSTITUTE in cooperation with MOUNT CLEMENS RECREATION. Register online at mountclemensrecreation.org.

Call 586-469-6800 ext. 520 for more information.



Ages 10-16